



ENGLAND HOCKEY - GOOD PRACTICE - CHANGING ROOMS:

- Players aged 10 and under must be supervised at all times in changing rooms by two members of staff, of the same gender as the players.
- Adults working with young teams, including volunteers, coaches, umpires or staff, should not change or shower at the same time when using the same facility as young players.
- Mixed gender teams must have access to separate male and female changing rooms (or arrange to use them at different times).
- If young players play for adult teams, they and their parents must be informed of the club's policy on changing arrangements.
- If young people are uncomfortable changing or showering in public, no pressure should be placed on them to do so. Encourage them to do this at home.
- If you have young leaders (under 18) involved in running sessions for other young people it is not appropriate for them change together (they are in a position of trust), make alternative arrangements for them for changing (i.e. before / after other young people or change at home).
- If your club has disabled players, involve them and their parents / carers in deciding how, if applicable, they wish to be assisted to change and ensure they provide full consent to any support or assistance required.
- If adults and young people need to share a changing facility, the club must have consent from the parents that their child/children can share a changing room with adults in the club.