

# Norwich Dragons Hockey Club

## Rules of the Dragons' Den

- **To ensure:**
  - a) the safety and enjoyment of players and spectators; and**
  - b) the care and maintenance of the pitch the following rules must be adhered to at all times.**
- The instructions on the signs near the pitch must be followed.
- Any incidents in the Goals Car Park must be notified to the Goals Reception and if necessary Goals can be asked to review serious incidents on their CCTV.
- No dogs are allowed onto the School premises, that includes the grassed areas and tarmac Spectator Area.
- No smoking is allowed on or near the pitch.
- Only appropriate CLEAN footwear must be worn on the pitch at all times. Brushes are available near entrance, use them!
- The side goals must be tilted, rotated and rolled into the recesses, do not drag or push them as it damages the carpet.
- Players and officials are not permitted to enter the pitch until the previous game has ended.
- Spectators, including children of players, coaches, officials are not allowed on the pitch or in the dugouts and must remain in the Spectator Area.
- Only appropriate players' and officials' refreshment is permitted into the pitch area. **STRICTLY NO CHEWING GUM!**
- Use the rubbish bins for your rubbish!!
- It is the responsibility of all members to ensure that their team, opposition and training colleagues comply with these rules and leave the pitch clean and tidy with all rubbish placed in bins and any lost property placed in the shed. There are no caretakers to clean up behind us, you are all responsible.
- Captains or lead coaches must not leave the pitch unlocked and unsupervised. If floodlights are required, then they should be used on half lights for training or full lights for matches. Lights must be switched off when the pitch is locked at the end of match day or training.
- If in doubt or in the case of any serious breach of the rules, please call :

**Mike Hardy** on 07920004963 or **Andrew Cross** on 07778 031716